

Sacha Inchi Oil Softgels

Sacha Inchi (*Plukenetia volubilis*), also known as the Inca peanut, is a woody twining vine that produces star-shaped green fruit capsules containing edible seeds inside. The seeds are touted as a rich, source of high-quality essential fatty acids, and have an exceptionally high protein content—including a rich essential amino acid profile. This plant is indigenous to the Peruvian rainforest.

Historians believe the plant has been known by the natives of Peru and other tribal communities of the Amazon basin for several thousand years. In fact, archaeologists found evidence of this revered plant in carvings on Incan tomb vessels. These Amazonian civilizations were well-acquainted with the nourishing properties of the roasted seeds and oil extracted from them.

Sacha Inchi oil is valued as a nutritional supplement because it contains a naturally higher concentration of polyunsaturated fatty acids, making it an excellent source of omega-3 (alpha linolenic acid) and omega-6 (linoleic acid).

The cold-pressed oil is said to contain approximately:

- 42% omega-3
- 29% omega-6
- 6% omega-9

The Amazonian Superfood Rich in Omegas

- Native to Peruvian Amazon Forest
- Naturally high concentration of omega-3 and omega-6
- Non-animal source of polyunsaturated fatty acids
- Sustainable and continuous production of fruit
- Promotes socially responsible farming
- Reduces deforestation and illegal farming (coca crop)





Sacha Inchi Oil does not contain cholesterol

Advantages over Other Vegetable Oils

Producing Sacha Inchi oil has important advantages compared to production of other plants with highly unsaturated oils. Sacha Inchi is harvested throughout the year, and encourages reforestation of the Amazon. The plants have a long production time and often produce year after year. There have been plants found that have been bearing seeds continuously for 75 years. The harvest supports indigenous families—

Health Benefits of Sachi Inchi Oil

It's no surprise that this oil, like other plant-sources of omega-3, has many health benefits, including:

- Promotes a healthy cardiovascular system
- Supports brain and nervous system health
- Promotes healthy joints
- Promotes healthy skin and hair
- Supports healthy vision

The antioxidant vitamins it contains may also help fight free radical damage at a cellular level, which can contribute to premature aging.

A healthy intake of omega fatty acids supports the body in many ways. This versatile oil contains no additives or preservatives, and can be found in softgel form from Soft Gel Technologies, Inc.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.