

A Multi-Pronged Approach to Metabolic Health

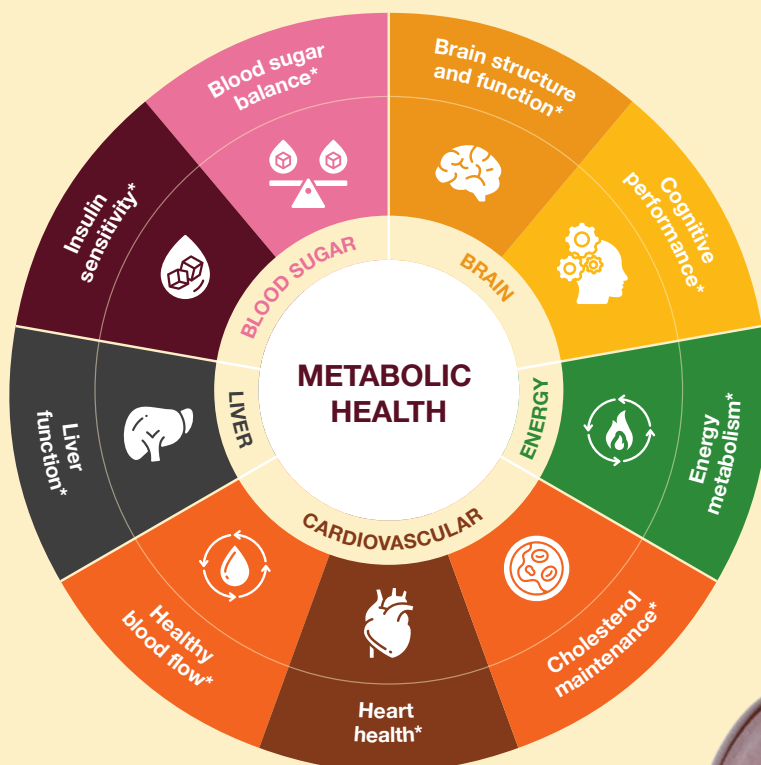
Metabolic health isn't just about weight control. It encompasses cardiovascular health, blood sugar balance, and even cognitive function, as the brain is one of the body's most metabolically active organs.

Introducing CoQH-CF® with STGaia®

Support multiple aspects of metabolic health, with CoQH-CF with STGaia. These soft gels combine CoQH-CF—our solubilized, 100% crystal-free ubiquinol—with STGaia, a palm-based phytonutrient extract providing squalene and tocotrienols.

Together, these innovative ingredients address key drivers of metabolic health, from the heart to the brain to the cells.*

CoQH-CF with STGaia Supports Metabolic Health in 9 Ways



CoQH-CF with STGaia Advantages

BIOAVAILABLE: Crystal-free (CF) ubiquinol delivers 4.2x greater bioavailability than crystalline CoQ₁₀.

STABLE: CF Ubiquinol will not revert to the oxidized ubiquinone form.

CLEAN LABEL: STGaia's squalene + tocotrienols are extracted without chemicals or solvents.

FULL-SPECTRUM: STGaia provides all four tocotrienols + d-alpha tocopherol.

INNOVATIVE: STGaia was a winner of NUTRAIngredients Asia Awards 2025.



CoQH-CF with STGaia

Power Metabolic Health, Cell by Cell.

What's Inside CoQH-CF with STGaia

INGREDIENTS

CoQH-CF is a completely soluble, crystal-free liquid formulation featuring stable Kaneka CoQ₁₀ (ubiquinol) and delivering 4.2x greater bioavailability than crystalline CoQ₁₀.

STGaia is a novel, award-winning complex of plant squalene and full-spectrum tocotrienols/tocopherol — extracted without chemicals or solvents — that addresses the visible and non-visible signs of aging.*

BENEFITS

Cardiovascular Health

- Supports healthy heart muscle function*
- Helps maintain cholesterol levels already within normal range*
- Promotes healthy blood flow and vessel flexibility*

Blood Sugar Management

- Supports blood sugar balance*
- Encourages insulin sensitivity*

Brain Health

- Helps maintain brain structure and function*
- Enhances cognitive performance*

Liver Health

- Supports healthy levels of liver enzymes, a marker of liver function*

Energy Metabolism

- Helps drive production of ATP, or cellular energy*
- Activates AMPK, the body's energy-regulating pathway*



Product Code: CA-CC00976A
Product Description: COQH-CF® 100 MG WITH STGAIA

Supplement Facts

Serving Size: 2 Softgels (1594.00 mg)

	Amount Per Serving		Calories	% Daily Value*
Total Calories			5.31	
Total Fat	266.74	mg	2.40	<1%*
Saturated Fat	95.25	mg	0.86	<1%*
Trans Fat	0.00	mg	0.00	†
Unsaturated Fat	171.49	mg	1.54	†
Monounsaturated Fat	46.54	mg	0.42	†
Polyunsaturated Fat	124.95	mg	1.12	†
Cholesterol	0.00	mg	0.00	0%*
Total Carbohydrate	172.32	mg	1.55	<1%*
Protein	340.72	mg	1.36	<1%*
Amount Per Serving				
Vitamin E (Tocotrienols/Tocopherols)	80.00	mg		5%
Palm Tocotrienol Complex (STGaia 35%/20% OS)	400.00	mg		†
Mixed Tocotrienols	56.00	mg		†
D-Alpha-Tocopherol	24.00	mg		†
Plant Squalene	140.00	mg		†
Ubiquinol (Kaneka Ubiquinol™)	100.00	mg		†
* Percent Daily Values are based on a 2,000 calorie diet.				
† Daily Value not established				

All Ingredients In Descending Order: Palm Tocotrienol Complex (STGaia™ 35%/20% OS), Gelatin, D-Limonene Oil, Glycerin, Kaneka Ubiquinol™, Purified Water, Caramel Liquid, Caprylic Acid, Capric Acid, Alpha Lipoic Acid.

Zero declaration is allowed if, for one serving:

Total fat	Less than 0.5 gram
Saturated fat	Less than 0.5 gram
Trans fat	Less than 0.5 gram
Cholesterol	Less than 2 mg
Carbohydrates	Less than 0.5 gram
Protein	Less than 0.5 gram

CoQH-CF with STGaia — for metabolic health from head to toe*

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contact Us to Learn More:

6982 Bandini Blvd., Los Angeles, CA 90040
Toll Free: (800) 360-SGTI • Phone: (323) 726-0700
sales@soft-gel.com • www.soft-gel.com

